

DON'T GO VIRAL THIS COLD & FLU SEASON!

PROTECT YOURSELF & KEEP YOUR COMMUNITY HEALTHY.

- Wash your hands often.
- Cover your mouth and nose when coughing or sneezing.
- Stay home if you are sick.
- Boost your immune system by getting plenty of rest, eating nutritious foods & exercising.
- Don't forget to stay up-to-date on vaccines, including your flu shot!

FEELING UNDER THE WEATHER?

Teen Health & School based clinics are here to help! We offer on-site point of care testing for:

Covid
Influenza
Mono
Strep

Call today to schedule
an appointment at a
location near you!



810-987-1311